

DISC

& Team

Reflections– NAME: Courtney Swinehart

1. Identify 2 strengths you bring to your team based on your DISC style:
 - a. I am tenacious
 - b. I am a clear thinker
2. Identify 1 blindspot you can be more mindful of:
 - a. I need to keep myself from clamming up and ask for help when needed
3. What is one pet peeve when working with others in a team who have a different style than you?
 - a. Feeling left out from decisions and/or problems the team work on
4. What is one thing you can do differently to better communicate with an opposite DISC style?
 - a. Keep an open line of communication so that I don't fall behind
5. List your team member names and their core DISC styles below:
 - Courtney Swinehart- Steadiness
 - Richelle Mason- Steadiness
 - Cesar Felipe - Dominance
 - Max Sample - Dominance
 - Kali Juchem – Dominance
 - Angus Chow – Dominance