

DISC & Team Reflections –

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1. Identify 2 strengths you bring to your team based on your DISC style:

Motivated

Assertive

2. Identify 1 blindspot you can be more mindful of:

Emotions (be more sensitive)

3. What is one pet peeve when working with others in a team who have a different style than you?

Being messy/sloppy

4. What is one thing you can do differently to better communicate with an opposite DISC style?

Listen